

FREE WORKSHOPS FOR PARENTS AND CAREGIVERS

Brought to you by the Parry Sound Muskoka Early Years System

DAYTIME WORKSHOP DETAILS

(Please register at your Early Years Program for these daytime workshops which run from 10 to noon)

JANUARY 2012

Come Play with Me

Play is essential to children's development; discuss ways that you can bond with your child and help them learn, all by playing.

FEBRUARY 2012

How to Talk So Children Will Listen AND Siblings Without Rivalry

Faber and Mazlish are positive parenting pioneers whose practical ideas will help you to build cooperative relationships between you and your child, and between your children. Come and talk about how their strategies can make your home a more peaceful place.

Centre	January	February
Bala Community Centre	Thursday the 26th	Thursday the 23rd
Baysville Community Centre	Thursday the 19th	Thursday the 9th
Bracebridge United Church	Friday the 20th	Friday the 17th
Dwight Community Centre	Wednesday the 11th	Wednesday the 8th
Gravenhurst Centennial Centre	Thursday the 19th	Thursday the 16th
Huntsville Active Living Centre	Tuesday the 17th	Tuesday the 21st
Huntsville Public School	Wednesday the 25th	Wednesday the 22nd
MacTier Community Centre	Monday the 9th	Monday the 13th
Port Severn Community Centre	Wednesday the 18th	Wednesday the 15th
Port Carling Community Centre	Friday the 13th	Friday the 10th
Port Sydney Community Centre	Wednesday the 18th	Wednesday the 15th
Raymond Community Centre	Thursday the 12th	Thursday the 2nd

ALL WORKSHOPS ARE FREE OF CHARGE AND FREE CHILDCARE MAY BE AVAILABLE.

EVENING & WEEKEND WORKSHOP DETAILS

(Please call Barb at 705-645-3027 to register for evening/ weekend classes)

Helping Children Cope with Separation & Divorce AND Blended Families

These two workshop may be taken separately or together. The first session will look at ways to help your children grieve and adjust to their new reality as well as "typical age appropriate responses" to changing family dynamics. The second session will provide practical tips on how to create new families without sacrificing individual identity or old family ties.

FREE HEALTHY DINNER AT 5 PM, Workshops from 5:45 TO 7:45 PM—Limited free childcare is available.

Helping Children Cope with Separation & Divorce
Gravenhurst Children's Place
Tuesday January 31st

Blended Families
Gravenhurst Children's Place
Tuesday February 7th

Infant & Child CPR Workshop facilitated by the Red Cross

- Recognize an emergency
- When to call 911
- Essential skills for treating a conscious choking baby
- Baby/child CPR demonstration
- Tips and tricks for child proofing your home
- Head start for Baby—Financial Literacy

Saturday March 3rd @ Huntsville YIG
Community Room
1 pm to 3 pm (no childcare available)
REGISTER EARLY—SPACE IS LIMITED

Is there a new baby in your house?

Make the Connection is an enjoyable program that combines parent-baby songs, activities and parent discussion to promote secure attachment, two-way communication and infant-led learning; the essential building blocks for healthy, happy futures. It is based on current research and sound principles of adult learning.

Gravenhurst St James Anglican Church
Friday April 13th to May 25th
10 am to noon

Huntsville Public School
Tuesday April 10th to May 22nd
10 am to noon

FREE TRANSPORTATION MAY BE AVAILABLE BY CALLING GINNY AT 705-645-3027 X202.